

<b>Rule</b>	<b>4U</b>	<b>5U</b>	<b>7U</b>	<b>U10</b>	<b>U12</b>
<b>Players</b>	3 vs 3	3 vs 3	4 vs 4	6 vs 6	8 vs 8
<b>Time</b>	Quarters-8min	Quarters-8min	Quarters-12min	Halfs-25min	Halfs-30min
<b>Breaks</b>	2, 5, 2 min	2, 5, 2 min	2, 5, 2 min	5min	5min
<b>GameLength</b>	41min	41min	57min	55min	65min
<b>Refs</b>	No	No	No	Yes	Yes
<b>PenaltyKick</b>	No	No	No	FIFA	FIFA
<b>Offsides</b>	No	No	No	Yes	Yes
<b>Goalie</b>	No	No	No	Yes	Yes
<b>Heading</b>	No	No	No	No	No
<b>MinPlay</b>	50%	50%	50%	50%	50%
<b>Substitutions</b>	Quarter	Quarter	Quarter	SeeBelow	SeeBelow

#### Substitution Rules for U10 and Older Age Divisions

- You may substitute on a throw-in in your favor; if you substitute during this stoppage, then the opposing team may also elect to substitute
- You may substitute on a goal kick (either team)
- You may substitute on a goal (either team)
- You may substitute on an injury (either team)
- You may substitute at the half (either team)
- You may substitute at any caution (either team)

The substitution philosophy is to allow maximum opportunities for teams/players to meet the mandatory 50% playing rule without infringing on your opponent's option to keep the flow of the game going if the throw-in is in his/her favor.